

ADVANCED THERAPY FOR TREATMENT OF PAIN
AND DYSFUNCTION SYNDROMES. A PROVEN
METHOD OF IMMEDIATE RESOLUTION.

Dr. CURT MAXWELL, D.C., N.M.D.
(U. S. Board Certified Naturopathic Physician)

Questions and answers.

Q. What does Dr. Maxwell actually do to treat conditions of pain and dysfunction?

A. Dr. Maxwell began his career as a Chiropractic Physician. Consequently he has been able to combine Chiropractic Structural Principles with the original German Neural Therapy concepts of Dr. 's. Hünke as well as the Intraneural Injection methods developed in South Africa by Dr. Pylus and Gus J. Prosch, Jr., M.D. in the United States, with the "specific injection" techniques pioneered by Dr. Philibert in Louisiana. This makes for a very effective and successful modality. Dr. Maxwell combines manipulation and alignment procedures with injections into specific areas.

Q. I understand the idea of alignment and manipulation but where does Dr. Maxwell inject?

A. The injections can be made into scars, acupuncture points, nerve bundles in the autonomic system, fascia and "trigger points." The success of the treatment depends on the skill and experience of the Physician in knowing where and how much to inject.

Q. What is the purpose of these injections and what do they accomplish?

A. These injection can remove interference in the body's electrical network and thus relieve chronic pain, reverse injury, and clear energy blockages, helping to regulate energy throughout the body.

Q. What is actually injected?

A. Lidocaine.

Q. I thought Lidocaine was just a local anesthetic and would "numb" the area injected but would wear off after some time with a return of pain. What does it do?

A. Most people including many Doctors believe that local anesthetics are just for temporarily blocking pain. Nothing could be further from the truth. Local anesthetics have incredible tissue normalising ability and are known nerve stabilisers as described in numerous textbooks. They have been in common use for that purpose in Europe since the 1930's. However, unless the injections are made very accurately into the exact points results can be less than optimum. This is where experience counts.

Specifically when a nerve is damaged by either trauma or excessive stretching the polarity changes and electrons or negatively charged particles escape. This not only results in pain but also a constriction of the surrounding tissue and muscles, resulting in a lack of circulation and therefore oxygen to the surrounding tissue. This results in more pain. If the oxygen level is still lower there can be feelings of numbness, "pins and needles" and even reduced strength in muscles. The injection of local anesthetic into the nerve-muscle junction not only repolarizes the nerve but allows the tissue to relax with the results that fresh oxygenated blood will restore normal function to the area. This can take place in seconds.

Q. Is the treatment painful?

A. This depends from person to person. Dr. Maxwell is very skilled after having treated thousands of patients. Any pain only lasts seconds.

Q. Can these treatments help everyone?

A. Each patient must be evaluated thoroughly. Success depends on factors which include the history of damage to the patient, the patients overall health and ability to heal, and any underlying nutritional deficiencies that would impede the healing process.

Q. What areas of the body can be treated?

A. This form of therapy can be used to treat any joint or painful area including headache

(Migraine) Temporal Mandibular joint dysfunction. Neck pain for any traumatic reason including whiplash. Shoulders. Elbows (tennis elbow) wrist (carpal tunnel Syndrome). Disc problems at any level of the spine. Low back including sciatica. Hips, Knees and Feet. The pain of arthritis and fibromyalgia usually respond well to this treatment. This therapy affects only the area treated and does not cause any problem in any other area.

Q. How often do I need these treatments?

A. Many patients have complete resolution in one treatment. However for best results treatments should be administered every one to two weeks for at least three sessions in each treated area. Fibromyalgia often requires treatment twice a month for several months.

Q. What is the rate of success in treatment?

A. The anticipated rate of success depends on a number of variables, including the patients history and ability to heal. We experience at least a 95% success rate. However results can vary and can last from two days to a lifetime. If the pain returns the therapy can be repeated usually with complete resolution or much longer lasting results. No guarantee of cure can be made.

Q. If this treatment is really so fantastic and gets such great results why aren't the big medical centers and many more Doctors using it?

A. The greatest reason there are not more Practitioners is because the Pharmaceutical industry largely runs the practice of allopathic medicine in North America. The local anesthetics used in these treatments have come off patent years ago. There is really no profit for these companies who focus on new patented products they can make huge profits out of. Also because of the "greed" factor companies focus on products to treat symptoms which are then on-going rather than curative. Consequently these techniques are not taught in medical schools nor to mainstream Doctors. Only the enthusiasm of pioneering Physicians keeps them alive and available.

Q. What are the costs involved in this treatment?

A. Dr. Maxwell is always happy to offer free consultation. Our fee's are about 1/3 to 1/6 the fees of similar practitioners in the U.S. The fee for one area treated by neural fascial therapy is one hundred dollars. Each additional area is fifty dollars. Consultation, examination, manipulation and alignment, as needed, are included at no extra charge

Example: Low back plus one shoulder fee would be one hundred and fifty dollars. In the U.S. a similar treatment with separate fees for consultation, examination, any manipulation and injections would amount to several hundred dollars. We do not offer credit and all fees are payable by cash or check at time of service. We do not issue receipts for insurance companies and will not correspond with them.

Q. I note that Dr. Maxwell is a Board Certified Naturopathic Physician. Is that the same as an Osteopathic Physician?

A. In the U. S. there are several different types of Doctors. D.C.'s and D.O.'s (Chiropractors and Osteopaths) both began as forms of manipulative medicine. While Chiropractic now primarily focus's on musculoskeletal therapy, Osteopathy has largely been absorbed by mainstream allopathic medicine. Allopathic Medicine which is only really about 60 years old in it's drug pharmaceutical form focus's mainly on the treatment of the symptoms of disease and rarely the cause(s). Most drugs have secondary effects and because of this many people are turning to the original traditional medicine broadly known as Natural Medicine. This can also be known as "alternative medicine". Many regular allopathically trained Medical

Doctors are practicing this form of medicine in increasing numbers. While many of these Doctors may be adequately trained, many do not have the background in nutrition and health restoration. However most Doctors using these injection therapies are Osteopathic Physicians with some M.D.'s The original health Doctors and the ones usually most knowledgeable about alternative and natural medicine are the Naturopathic Physicians. The U.S dept of Labor under "Occupations In Medicine and Health". defines Naturopathic Physicians as — "079.101-014 Doctor , Naturopathic (medical ser .) Diagnoses, treats, and cares for patients, using system of practice that bases treatment of physiological functions and abnormal conditions on natural laws governing human body: Utilizes physiological, psychological, and mechanical methods such as air, water, light, heat, earth, phytotherapy, food and herb therapy, psychotherapy, electrotherapy, physiotherapy, minor and orificial surgery, mechanotherapy, naturopathic corrections and manipulation, and natural methods or modalities together with natural medicines, natural processed foods, and herbs and nature's remedies. Excludes major surgery, therapeutic use of X-ray and radium, and use of drugs, except those assimilable substances containing elements or compounds which are components of body tissues and are physiologically compatible to body processes for maintenance of life."

Dr. Maxwell has practiced Naturopathic Medicine since 1975.

Q. How to find a Practitioner who can really help you?

There are many excellent and extremely skilled Chiropractic Physicians. Remember that all Doctors, whether Medical, Chiropractic, Osteopathic, Naturopathic (from a four year school) receive the same basic education. They all study from the same textbooks. Please note. In the U.S. Osteopathic Physicians have the same training and licencing as regular M.D.'s This is not so in British Commonwealth countries such as England, Australia and New Zealand, where Osteopaths are manipulators and may or may not be as well trained as Chiropractors. To find a Doctor of Chiropractic try to get a reference from friends. There are many to choose from. Although most Chiropractors are honest and want to do the best for their patients, some things concern me. It's O.K. to take X-rays to rule out pathologies but if the practitioner points out slight curves in the spine as being a cause of your problem, be wary. If you are told you have degeneration and need extensive care to stop it from accelerating be careful. If the Doctor wants to sign you up for a long drawn out treatment program, decline and leave. There are some Chiropractors whose practice building strategies think nothing of signing up patients for more than twenty to seventy or eighty visits. Decline and leave unless you feel like spending a lot of time and money or having your Insurance Company "ripped off." If you have a practitioner who does the same thing everytime you get treated and you need to keep going just for relief, then maybe the cause is never really being corrected. Look for another practitioner. Injection techniques can often solve your pain problem with only a few visits. It's preferable that the Doctor is trained in manipulation as well. The main group of Doctors in the U.S capable of this are Osteopathic Physicians. Also in several states Naturopathic Doctors have this capability. This does not mean a Medical Doctor trained in injection techniques cannot help you or cannot manipulate. Just know that the best combination seems to be manipulation combined with injection, whether it be neural, intraneural, trigger point or prolotherapy.

For the most part avoid anesthesiologists/pain management practitioners who do epidural blocks. They seldom get to the cause and judging from the number of patients I have who have had these procedures they appear to be unsuccessful in many cases. Also avoid "Pain Management" clinics that take several weeks and many thousands of dollars teaching patients how to live with the pain.

For referrals please contact either of these three groups.

The American College of Osteopathic Pain Management, 8 Schlerotherapy, Inc.

ACOMPS. 50002 E. W codhill Drive. Wilmington, DE. 19808. or Phone 302-996-0300 or fax 302-996-5300.

The Arthritis Trust of America. 7376 Walker Road, Fairview, TN 37062;

These groups have practitioners all over the world, trained in many different aspects of alternative medicine. Some of these practitioners are trained in the "Pybus/Prosch" intraneural injection technique, which is the main one I use.

If you cannot get a satisfactory referral, then please consider travelling to my area. .

Please call for appointment or further info. 01152 (658) 517-7519

Testimonials.

Jan. 5. 2001.

My name is Leah H. Koon. We (my husband and I) came to Yuma four seasons ago because of a severe illness. We found Dr. Curt Maxwell by a woman who was his patient, by her recommendation. Loren and I both had treatments by him. We both were astounded by his vast knowledge and openness. He has "magic" hands. When he massages you, you don't want him to quit. When he does the needle injections he hits the right spots. Since the last time he treated me in 1999 I have been completely well. No more pain in my neck. I had been having the same treatments in Yuma and for one treatment the price was \$300. Dr. Maxwell's charges are very reasonable and I strongly recommend him to anyone who desires to be pain free.

Sincerely, Leah H. Koon.

Feb. 2. 2001.

My name is Frank Reynolds from Sherwood Park, Alberta Canada. I came down for a holiday in 1998. I was visiting a Dentist and noticed your sign. Since I had been visiting a Chiropractor every month I dropped in. I was having trouble with my lower back. Dr. Maxwell gave me a shot and worked on my back. Since then I have had no trouble with my back and haven't visited a Chiropractor since. Thank you very much.

Sincerely, Frank Reynolds.

My name is J.R. Ross from Palm Springs, California. I was in an auto accident in 1998 which resulted in a very painful lower back injury. After over sixty therapy sessions and a series of Aristospan shots at a cost of over \$12000 dollars and all of this was to no avail. I was still in misery and pain. One day while in Algodones I saw Dr. Maxwell's office and ventured in and to my bewilderment the needle injection and therapy worked wonders like a faith healing. I'm a new man. I have been back twice, since the first treatment and each time I'm better and better. I highly recommend Dr. Maxwell's treatments and at a cost you could easily afford, and will be satisfied well.

Sincerely, J.R. Ross.

Feb. 5. 2001.

My name is Inge Robinson. We came from Canada several years ago. We enjoy it here very much. Over the years I have had many treatments while in Canada on my sciatic nerve. No one could

help me. Someone told me about Dr. Maxwell here in Algodones. I had four treatments three years ago. No pain. Thank you for all your help. Don't ever move away again.

Inga Robinson.

Feb. 28, 2001

My name is Marione Arnold. I come from Woodbine Illinois soon to move to Barrett, Missouri in July. I need to be in good condition for all the work I have ahead. I have been to Dr. Maxwell before and he has helped me so much, I am so thankful for his help. No more pain, thank God and Dr. Maxwell.

Thank you so much & God Bless.

I am Tom Reid from Yakima Washington. I have had pain in my neck for five years. No one has helped me. After one treatment I can turn my neck as normal, no more pain. Thank you Dr. Maxwell. Tom Reid.

Dr. Maxwell made all the pain in my feet go away with just one time visit. I went to the foot Doctor in Yuma. They gave me cortisone shots and the pain was back the next day. Thanks to Dr. Maxwell I have no more pain in my feet and will have no surgery. Thank you Dr. Maxwell.

Michelle Van Horn.

I had neck problems for years and had treatments from all sorts of Doctors. Then I came to Dr. Maxwell. After one treatment I have had no problems or pain. Thank you Dr. Maxwell. You're the greatest.

Elsie David.

I am Janice Wilske. I have had severe pain in my hips. After seven different Doctors and seven disappointments we came to Dr. Maxwell. He not only fixed me but did my husband's back and knees. My daughters knees and back and my sisters neck and shoulders and also my daughter -in-law's elbow who had not been able to work for a year. All of these people are feeling good and give their thanks to Dr. Maxwell. We were so disappointed when he was not here in 2000. We are very relieved that he is back where he can take care of us all.

Janice Wilske. Yakima Washington.

My name is David Crofts. I had back problems for 25-30 years. At times I dragged my leg when walking. One visit with Dr. Maxwell, I have no pain, move around a lot better and sleep like a log. You are a superstar hero, and a saint. Hang in there. You are the best — the very best.

David Crofts.

My name is Harold Palmer from Cambrose Alberta. I had surgery on my right knee three years ago and have had pain every day for three years. After two visits with Dr. Curt Maxwell I am pain free and can run again. Thank you Dr. Maxwell for caring and knowing

your job. Thanks again.

Kindest regards, Harold Palmer.

My name is. Monte Byron. I'm the singer and guitar player for "Big House". I've been nominated and won awards all over the world and I've been playing guitar since I was seven years old. About four years ago after washing my bus one day I developed a sore finger on my left hand — anyone who plays guitar can tell you how bad that can be. Since then I've been to Doctors, Chiropractors, Acupuncturists and to no avail. I've had to learn to play with my three remaining fingers with a lot of practice and a lot of pain. I had given up on ever playing the way I used to and have learned to live with this disability. Curt Maxwell, with one visit has not only fixed my finger instantly, but now I have all the ability I had at twenty years of age. So watch out for my next record.

Thanks always, Monte Byron.

My name is Peggy White. I come from Minnesota. I came to Dr. Maxwell with bad back and sciatica nerve on both sides. I have not slept a full night in about 8 years. I woke up in pain every night about every two hours from my legs jumping. Also with pain in my hips and lower back. I came to this miracle-man Dr. Maxwell scared and unsure he could really do anything. My first visit I had 23 shots in my hips and back. As soon as I got off his table I bent over and touched the floor with no pain. I came back a week later for my neck and I now feel like a million bucks. I sure want to keep track of this Doctor and his nice wife. He has really fixed me up.

Thank you two so much, Peggy White from Minnesota.

My name is Bobbi Antons from Gold Rock Ranch, California. I've had seizures, caused from a neck injury from an auto accident, since 1982. For years I received various forms of treatment from the Oregon Health Sciences University and several top notch neurologists. I had been given every seizure medication you could think of. Nothing worked for any length of time and the side effects were terrible. Since I started coming to Dr. Maxwell, three years ago, he has been able to stop a seizure before it starts or help so it wasn't so severe. I usually have enough advance notice of an on coming seizure that I can come to Dr. Maxwell for a treatment. It is wonderful to not be on the medications. The seizures are usually preceded or following a migraine. Dr. Maxwell can prevent the migraine. I have been brought here when I couldn't walk on my own — and I walked out and enjoyed the rest of the day in Algodones.

Thanks Curt. Bobbi Antons.

April 5, 2001.

The pain was stealing my life!. Here I was, a new snowbird just retired and ready to enjoy the freedom. Instead I found myself living a vicious cycle of fatigue due to the inability to sleep, caused by the excruciating hip pain that would come in the night and frustration because I couldn't walk enough or far enough to enjoy anything. I couldn't participate in dances or sight seeing or anything active because my legs ached so badly. Yet inactivity was my worst enemy, and as soon as I sat down to relax, my muscles would stiffen up and the pain set in worse. So I would have to move around, walk a little

then sit again This was the retirement I had looked forward to for years? Several years ago I suffered a bad back injury and the spasms and pain just increased even though I had tried everything. Acupuncture, massage, chiropractic, water exercises, stretching, pills, nothing helped for very long. Then one day I was introduced to Dr. Maxwell. He had made the mistake of saying he wished he had a big challenge, then I walked in the door and he got his wish! By now there was hardly a place between my waist and knees where I could stand to be touched much less stuck by a needle!. "Hot Spots" were everywhere, some no more than 1/2 inch apart. Every nerve was inflated, every muscle in constant spasm and I was miserable, at the end of my rope. But, not being a quitter I was willing to try anything. Today, 3 months and 8 sometimes quite painful treatments later I sleep at night, the fatigue is gone, the hot spots are gone and the nerves in my legs and hips no longer scream with every step. The spasms are slowly relaxing and now it is up to me to take responsibility for the rest of my recovery, do the necessary correct stretching 3-4 times a day, exercise and take the supplements prescribed. Thanks to the knowledge, caring and persistence of Dr. Maxwell my life is mine again. Also my heartfelt thanks to his wife Esperanza for her encouragement, understanding and gentle loving support during some very difficult times. I will be back next year, but I seriously doubt It will be as a patient because this is where my search ended and my new lease on life started. I will be eternally grateful to Dr. and Mrs Maxwell.

Marie Ray, R.N.