

Rheumatoid Disease Foundation
5106 Old Harding Road
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This might be worth taking a look
at particularly if alkali fluids are
thicker than acid ones.....

Re: Cancer Growth

December 7, 1993

Someday the medical profession will start looking at feeding the body properly to allow it to function, instead of cutting, drugging, radiating or chemoeing it to force it to function unless there is absolutely no other choice.

There is much confusion concerning the growth of cancer. One book says cancer grows the quickest in an alkali medium, and another said acid. In trying to confirm which is correct, I have been in touch with researchers at the Canadian Cancer, B.C. Cancer Society, Terry Fox lab and the pathologist at the Metro-McNair lab and no one could provide the answer and I was informed that research is done growing cancer cells for drug testing in a neutral pH medium only.....

Our bodies and the foods we eat vary daily, season to season, with our income, soil conditions, etc. With luck some research has been done somewhere, particularly where some conditions besides cancer, go into remission without any explanation. Through my ignorance I may be promoting my 57 year old husband's prostate cancer growth. And when it comes to trying to determine which foods are acid, etc., books don't agree on that either. Perhaps some foods change from acid to alkali or vice versa in cooking. Who in the name of heaven knows.

I have him on a lo fat vegan diet of high fibre whole grains, brown rice, legume foods, with fruits and veggies (juiced, raw or steamed) and nuts and seeds. Very occasionally he has some steamed fish. Also have him taking moderate amounts of Vitamins A C E, Selenium, Zinc and a multi-vitamin pill. He has refused the offered prostate surgery or 33 radiation treatments and he feels great with lots of energy. PSA 10.5. The tumor was found 4 years ago. It only turned cancerous 15 months ago and he then began the vegan diet. He has no aches, pains, bleeding, trouble urinating, low cholesterol, and is in great shape except for this blankety blank small tumor.

As a very frustrated over-the-hill nag, may I ask you if you know which writer is correct or if cancer grows at the same rate in any medium. As different cancers exists in friends, family and acquaintances, while you are at it, let me be greedy and ask you for the acid/alkali status of breast, colon, liver, pancreas, leukemia cancers, etc. etc. as well.

My husband is more than aware that there may come a time when he will have to accept surgery or radiation, but he would prefer it later rather than sooner. His father died of prostate cancer, and his older brother was treated with radiation about 5 years ago. This brother hasn't altered his diet, and is diabetic and has had two major heart attacks. Today we were informed that this brother's PSA test is up to 45 and rising. His father, brother and my husband all used to eat a very high fat diet - lots of fat meats, gravies,

rich baking, creams, butter, etc. with little raw foods and most veggies cooked to death. His grandfathers died, one in his late 80's complications from a car accident, and the other from old age in his 90's...

Health books can't agree on the pH properties of body fluids. Some show us at death's door if we vary above or below 7.4 pH. The Prescription for Nutritional Healing states "the ideal pH range for saliva and urine is 6.0 to 6.8, naturally mildly acidic - values below 6.3 would be considered too acidic, and above 6.8 would be too alkaline" - If all these bacteria as attached, grow in an alkaline media, with all the refined sugar, white flour, junk food, overcooked diet most of us consume, would these be the reason for the growth of environmental disease and these flues that keep people at home rather than healthy and at work? Perhaps a slightly acidic body would utilize calcium better, and help broken bones heal as well.

It is very interesting that EDTA Chelation therapy that is helping so many people dissolve their arterial plaque and tremendously improve their circulation, has as one of its components acetic acid. Perhaps a slightly acid system would prevent the plaque forming in the first place. With nitrazine paper to check saliva and urine, one wouldn't have any difficulty maintaining a safe acid level if that could be determined.

I am more than willing to make adjustments with his diet if it is needed. As I told the Radiologist, that I just couldn't believe that whoever made this wonderful world and all that is in it, would only give us drugs, cutting or burning as solutions when our body malfunctions.

Any knowledge that you could offer will be very gratefully received.

Sincerely,



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A friend on the faculty of a medical school sent me for my information a list of bacteria harmful to the human body, with the reaction of the media most favorable for their growth. This list was made up for me at his request by the department of bacteriology, and reads as follows:

**MOST FAVORABLE REACTION OF MEDIA FOR GROWING
PATHOGENIC BACTERIA**

<i>Microorganism</i>	<i>Reaction</i>
Staphylococcus	7.4 alkaline
Streptococcus	7.4 to 7.6 "
Pneumococcus	7.6 to 7.8 "
H. Influenza	7.8 "
Meningococcus	7.4 to 7.6 "
Gonococcus	7.0 to 7.4 "
Corymbacterium diptheriae	7.2 "
B. abortus	7.2 to 7.4 "
B. tularemiae	6.8 to 7.3 "
Clostridium tetani	7.0 to 7.6 "

It becomes apparent, as one studies this list, that microorganisms harmful to the human body grow on an alkaline soil. This is particularly interesting in the light of the evidence that in dairy cows and human beings alike, an instinct exists which leads them to seek an acid intake.

In the light of the above evidence, it seems reasonable to suspect that pathogenic bacteria which are harmful to the body are in the world for another purpose than to cause

sickness in human beings. Nature has spread acid vegetation about with a lavish hand, apparently to prevent infestation of the body with pathogenic microorganisms, turning into infection of the body by these same microorganisms. The instinct leading animals and humans to seek acid vegetation and acid liquids has been given as a protection.

H. pylori - ulcer